



A WORKSHOP ON CAPACITY STRENGTHENING OF POLICY MAKERS AND PROGRAMME MANAGERS FOR PREVENTION AND CONTROL OF NON-COMMUNICABLE DISEASES IN EAST & CENTRAL AFRICA

ZANZIBAR, APRIL 29TH – MAY 1ST 2009

The 3 day workshop programme comprised:

- Day 1: A session with an opening speech by Dr Jidawi, Permanent Secretary, Ministry of Health & Social Welfare, Revolutionary Government of Zanzibar and the presentation and introduction of all the participants and their respective work responsibilities;
- Day 2: A plenary on Global burden of CVD, risk factors and community mobilization, followed by presentation from 7 countries (Kenya, Uganda, Tanzania, Zanzibar, Zambia, Zimbabwe, and Mozambique) on their National NCD Plans/ Strategy –updates, a plenary on Risk factor determinants (obesity, physical activity and diet). Each session was followed by 30 minutes of discussions/questions & answers;
- Day 3: Presentations on community actions in different countries informing participants of the many innovative community interventions on diabetes, smoking cessation, breast cancers, etc. These were followed by a plenary on research priorities & surveillance; African Declaration on Diabetes and CVD risk factors in HIV/AIDS affected individuals.

Dr Mary Amuyunzu-Nyamongo, Executive Director of the African Institute for Health and Development (www.aihdint.org), African Health Promotion Expert, member of the CDC/IUHPE Cardiovascular Health Promotion and Chronic Disease Epidemiology faculty and IUHPE Board member actively participated in the Zanzibar workshop and presented on **The role of Health Promotion in NCD Control in Africa**, representing IUHPE and making a link with current initiatives around addressing NCDs in Africa using a Health Promotion Approach.

This workshop identified key priorities and recommendations for moving forward and resulted in:

- The creation of a steering committee (4 members) to coordinate the NCD activities in the 7 participating countries and move the agenda forward,
- Agreement:
 1. To strengthen efforts and get the Ministers of Health from these 7 countries to meet and discuss NCDs,

2. That the steering committee will circulate a NCD questionnaire to each of the countries to obtain their current status,
3. That national NCD desk officers will coordinate NCD activities in respective countries and have a joint meeting with all the NCD stakeholders to obtain current status.

- All participants being more committed to make NCDs a priority.

A comprehensive detailed report will soon be available.